

Sciton's SkinTyte Achieves Effective and Comfortable Skin Tightening

By Bob Kronemyer, Associate Editor

A vast majority of patients can expect both comfortable treatment and visible skin tightening results with the SkinTyte from Sciton, Inc. (Palo Alto, Calif.), which combines infrared energy and sapphire contact cooling. Furthermore, practitioners will appreciate the large 15 x 45 mm spot size and rapid repetition rate enabling shortened treatment sessions, in addition to the unlimited pulses under warranty and lack of consumables.

"About 80% of my patients notice a visible firming which they are pleased with," reported Patrick Bitter, Jr., M.D., a dermatologist in private practice in Los Gatos and Beverly Hills, Calif., who typically schedules between one and five sessions, spaced three to five weeks apart. "Treatments are also quite comfortable. Of all the non-invasive, non-surgical tightening technologies I've experienced, SkinTyte far and away provides the most comfortable treatment." The cooling system cools the skin's surface to precise temperatures ranging from 0° C to 30° C.



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Dermatologist
Los Gatos and Beverly Hills, CA

SkinTyte's pulse of infrared light can also be delivered for up to 15 seconds "to achieve a more gradual warming, rather than a rapid heating of the tissue," Dr. Bitter explained. "A gradual warming is perceived by the patient as being more tolerable." As for the length of a treatment session, "you can do a lower face and submental neck in about 20 minutes, compared to 45 minutes with some other skin tightening technologies." Popular off-face

areas that Dr. Bitter treats are the abdomen and posterior arms.

In addition, SkinTyte sessions "are quite economical for the patient" because there are no consumables, Dr. Bitter noted. "For a particular patient, I may do one or two extra treatments, for which there are no consumable costs to me at all." SkinTyte eliminates the need to purchase a disposable treatment tip with a set number of pulses.

"I'm most impressed with the SkinTyte's efficacy in treating the neck and lower face," said Jody Levine, M.D., a dermatologist in private practice in New York City, N.Y., who schedules an average of four sessions at four to six week intervals. "Patients can expect an immediate firmness, then several months later a longer lasting firmness follows." The neck is the most popular area Dr. Levine treats with SkinTyte, followed by the thighs.

Unlike other skin tightening technologies that use different disposable hand-pieces for various parts of the body — and charge the physician accordingly — SkinTyte has a single handpiece and three Finesse adapters to easily change the spot size. "You don't need to pay for each hand-piece separately," Dr. Levine



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stated. Moreover, the same Sciton hand-piece allows for skin rejuvenation treatment with Broadband Light (BBL). "It is very easy to transfer from a BBL treatment to a SkinTyte treatment within the same session," Dr. Levine said.

Dr. Levine also pointed out that the sapphire contact cooling allows "for more uniform cooling than other systems using cryogen spray." SkinTyte treatment is safe for all skin types, too. "The biggest risk to any of these heating devices is burning of the skin," she said. "However, as long as you are cognizant of the power you are using and the patient's tolerance for pain, SkinTyte will provide a safe treatment. I have seen no adverse events. There is also zero downtime."

Overall, Dr. Levine finds SkinTyte easy-to-use and has attained remarkable results among the skin tightening systems. "Patients are most happy about the firmness in the treated area without having to undergo surgery," she said.

